

### Abstract of the Disclosure

An apparatus and method are provided for mounting a flat screen television on a vertically oriented surface. The apparatus includes a mounting assembly that attaches to the back of the television and is lifted and slidably inserted in position on a wall mount assembly. The mounting assembly adapts to different  
5 sized mounting screws, permits the orientation of the television to be adjusted to square the television with the ceiling, and permits the television to be tilted about horizontal and vertical axes.